Conformational diversity and protein evolution – a 60-year-old hypothesis revisited

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Complex organisms have evolved from a limited number of primordial genes and proteins. However, the mechanisms by which the earliest proteins evolved and then served as the origin for the present diversity of protein function are unknown. Here, we outline a hypothesis based on the ‘new view’ of proteins whereby one sequence can adopt multiple structures and functions. We suggest that such conformational diversity could increase the functional diversity of a limited repertoire of sequences and, thereby, facilitate the evolution of new proteins and functions from old ones.

Results from many different disciplines including protein folding, NMR and fast kinetics are challenging the ‘one sequence, one structure, one function’ paradigm. Proteins – the simplified view of which assumes a single rigid fold – have been shown to exist as an ensemble of different conformations in equilibrium before encountering a substrate or hapten. This has prompted a ‘new view’ (see Glossary) of protein structure and function in which conformational diversity provides a mechanism for controlling protein activation and permitting multi-functionality. At the same time, re-examination of enzymatic activity and the in vitro evolution of enzymes have highlighted the role of promiscuity in protein evolution. In this review, we discuss the ‘new view’ hypothesis and the growing evidence for CONFORMATIONAL DIVERSITY and functional PROMISCUITY. We present an evolutionary model that suggests that conformational diversity and functional promiscuity are evolvability traits that enable existing enzymes to rapidly evolve new activities. We also describe how the ‘new view’ and its most extreme manifestation – intrinsically disordered proteins – might support a scenario of co-evolution of protein fold and function, replacing the less plausible hypothesis of fold evolving before function.

The ‘new view’ of protein function

Traditionally, it is assumed that a given sequence dictates a single 3D structure upon which function is entirely dependent. This view is manifested in the ‘lock-and-key’ and ‘INDUCED-FIT’ models of action, in which the structure is entirely fixed or changes (locally, around the active site) only after a ligand is bound (Box 1). Both models are strongly supported by the principal method used to study protein structure – X-ray crystallography. However, crystallization is, by definition, a purification process leading to the isolation of conformationally and chemically homogeneous molecules. The crystal structure of a protein might not be the only conformation adopted in solution and, owing to the influence of crystal-packing forces, might not even be the most representative. For example, the ‘lock-and-key’ model was assumed from the identical

Glossary

Numerous terms exist that describe the ability of a single protein to exhibit more than one specificity or perform more than one function. These terms are not necessarily distinct and are, in many senses, overlapping; they are often used in parallel or in a different context than described herein. Here, we attempt to define a clearer terminology and distinct uses for these terms. A detailed discussion of promiscuity, moonlighting and cross-reactivity can be found in Ref. [22].

Conformational diversity: the existence of a single protein in more than one conformation, independent of any conformational changes induced by ligand binding (pre-existing conformations or plasticity).

Cross-reactivity: refers to activities of the same protein that overlap with the original activity – for example, with substrates or ligands that resemble the primary or original target of the protein. Cross-reactivity relies on the same key binding-site or active-site interactions to bind or catalyze a process similar to the original activity of the protein. Many enzymes exhibit cross-reactivity to the extent that the ‘original’ target can hardly be defined.

Induced-fit: this model assumes that a protein exists in a single conformation that binds the ligand with low affinity. Ligand binding (i.e. formation of a low-affinity encounter complex) induces an isomerization that leads the final high-affinity complex.

Moonlighting: refers to a protein exerting a different function by using parts of the protein that are generally different than its original active site. An enzyme, for example, might moonlight as an activator by binding to a receptor using parts of the enzyme distant from its enzymatic active site. Moonlighting functions generally have an in vivo role.

Multi-specificity: refers to a protein exerting a similar function (such as binding) on distinctly different ligands, perhaps while using different active-site residues (for example see Ref. [196]).

‘New view’ of proteins: refers to the view of proteins as an ensemble of pre-existing structures of discrete yet similar free energies. We have borrowed this term from Dill’s ‘new view of protein folding’ [43].

Pre-equilibrium: this model assumes that a protein equilibrates between two (or more) pre-existing conformational isomers, one of which has higher affinity and therefore binds to the ligand. Thus, ligand binding shifts the equilibrium in favour of the high-affinity isomer.

Promiscuity: (or poly-reactivity) refers to a protein exerting a different function using the same active site that is responsible for its original activity [22]. Promiscuous activities typically proceed via distinctly different mechanisms than the original activity and, thereby, differ from cross-reactivity or multi-specificity (for example see Ref. [223]). Promiscuity is a property often identified by in vitro assays and might not necessarily bare a physiological function [22,34].
structures of a bound and unbound antibody. However, pre-steady-state kinetics subsequently revealed a pre-equilibrium between two antibody isomers, only one of which binds the hapten with high affinity. Kinetics performed in the crystallization buffer indicate that it shifts the equilibrium in favour of the high-affinity isomer, explaining why the same structure was observed in the presence and absence of the hapten [1].

The magnitude of conformational diversity observed in proteins ranges from fluctuation of side chains to the movement of loops and secondary structures, and even to global tertiary structure rearrangements. NMR, in particular, has proven particularly effective in revealing the true conformational diversity of proteins. NMR analysis has demonstrated that proteins can, in fact, adopt many alternative conformations in solution in the absence of ligand. For example, the N-terminal SH3 domain of the Drosophila protein drk adopts ~60 different stable and distinct conformations, some of which differ considerably [2]. Most notable are the discovery of intrinsically disordered proteins, the identification of proteins and domains that spontaneously interconvert between different secondary structures, and the identification of pre-existing active conformations in allosteric proteins.

The Monod–Wyman–Changeux (MWC) model of allostery is, to our knowledge, the first instance in which the possibility of an equilibrium between pre-existing conformations was widely recognized. This model poses a key element of the ‘new view’, namely, of having a single protein equilibrating freely (in the absence of a ligand) between two structural isomers (pre-equilibrium) and that ligand binding shifts the equilibrium only in favour of the active conformer (P*). The Monod–Wyman–Changeux (MWC) model of allostery (the symmetry model) is based on an equilibrium between at least two pre-existing isomers.

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**Box 1. The ‘simplistic’ versus the ‘new view’ of proteins**

The ‘simplistic view’ of proteins assumes an energy diagram with a single well (a global minimum), which corresponds to the existence of a single structural conformer (Fig. 1a). The ‘new view’ of proteins has an energy landscape with many local minima corresponding to an ensemble of pre-existing structures with similar but discrete energy levels (plasticity; Fig. 1b). The mechanism by which conformational changes are linked to function also varies according to the two views. The induced-fit model has become part of the ‘simplistic view’ because it assumes that, in the absence of a ligand (L), the protein (P) adopts one conformation only. The active conformer (P*) is induced by ligand binding and has no existence in the absence of the ligand. The Koshland, Nemethy and Filmer (KNF) model of allostery (the sequential model) is an extension of the induced-fit model. By contrast, the ‘new view’, assumes that both P and P* are pre-existing isomers (pre-equilibrium) and that ligand binding shifts the equilibrium only in favour of P*.

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**Fig. 1. Schematic energy landscapes and modes of function that represent the ‘simplistic’ versus the ‘new view’ of proteins. (a) The ‘simplistic’ model of proteins describes an energy landscape of a single stable conformer (i) and a function mode of either lock and key (ii) or induced fit (iii). (b) The ‘new view’ assumes an ensemble of conformers of similar free energy (i), and a mode of function based on an equilibrium between two (or more) pre-existing isomers, only one of which exerts function (ii).**

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Conformational changes are intimately linked to protein function, and to enzyme function in particular [11]. This is manifested in allostery as described above and in many other cases; for instance, the two-step binding reaction of Ras with effector proteins results from an isomerization between different pre-existing conformations of the highly mobile switch I region [12]. Conformational diversity has also been observed in the form of two dimerization modes for complexes of the ribosomal protein L12; these also involve two different L12 monomer conformations and are in accordance with the dynamic role L12 plays in ribosomal translocation [13].

NMR is not the only solution-based technique to demonstrate conformational diversity. Pre-steady-state binding kinetics provided the first data indicating pre-existing isomers in equilibrium (for early examples see Refs [14,15]). These analyses reveal not only the existence of conformational diversity but also its kinetic parameters. Pre-steady-state kinetics can provide essential details regarding protein dynamism and the binding process – details that cannot be obtained by crystal-structure analysis alone [1,16]. Such analysis is, however, technically challenging and, unfortunately, unattainable in many cases. Fluorescence techniques, such as fluorescence resonance energy transfer (FRET), have also revealed the existence of multiple conformations in equilibrium [17]. Finally, single molecule techniques offer unique opportunities to monitor the activity and conformation of protein molecules. Such measurements have already shown that protein molecules exist in various states or conformations and that these exhibit different levels of activity [18,19].

**Linking conformational diversity and functional diversity**

An intriguing consequence of conformational diversity is that it provides a mechanism for functional diversity at the single-protein level. A protein that adopts several different conformations could, in principle, exert several different functions [20]. A significant number of proteins that exhibit multiple activities have been identified [21,22] but the mechanism behind this promiscuity or cross-reactivity, in most cases, involves the same active-site configuration that confers the original activity. Even so, the same active-site features can be recruited for catalysis...
by a very different mechanism. Therefore, the same activity can be found in completely unrelated proteins because they share similar active-site characteristics, for example, a hydrophobic active-site and a lysine side-chain that can act as a base [23,24] (Fig. 1). The identification of MULTI-SPECIFICITY or promiscuity that is mediated by conformational diversity is more difficult. The latter involves a more complex type of promiscuity whereby one protein (sequence) affords multiple structures and, thereby, multiple active-sites and functions. Nonetheless, such examples do exist. Conformational-diversity-mediated multi-specificity has been identified in an aminoglycoside kinase, in which two sub-sites are formed by the motion of a flexible active-site loop [25]. A conformational switch, involving the isomerization of a tyrosine side-chain has also been identified in the trypanosomal trans-sialidase; it allows this one enzyme to have two active-site configurations and thereby two activities (glycosyl hydrolase and transferase) [26,27]. Movement of side chains might also enable different binding specificities, for example, the anti-lysozyme antibody D1.3, which binds both lysozyme and an anti-idiotype antibody through the rearrangement of several side chains [28].

The above examples are restricted to side-chain rearrangements or local adaptations, but we have recently demonstrated conformational changes that are far more significant, and involve different backbone as well as side-chain conformations. We have characterized a monoclonal antibody – dubbed SPE7 – that adopts radically different binding-site conformations and thereby binds multiple, unrelated antigens [16] (Fig. 2). The antibody was analyzed by both X-ray crystallography and pre-steady-state kinetics to reveal an equilibrium between at least two different pre-existing isomers that can both be crystallized in the absence of any ligand. One pre-existing isomer (present at ~80%) has a flat binding site, whereas the other isomer (that is 20% populated at equilibrium) possesses a narrow and deep binding site. The minor isomer binds a number of unrelated small aromatic ligands including the immunizing hapten. The dominant isomer binds a protein antigen that was identified by library selection. The equilibrium between pre-existing isomers observed in solution (by pre-steady-state kinetics) coincides with the different crystal structures and indicates that they are not induced by crystal-packing forces.

These results have several important implications. First, they show at a detailed molecular level how conformational diversity provides a mechanism for functional diversity. Second, they illustrate that this mechanism permits a kind of promiscuity that is entirely unrelated to the primary activity. Indeed, the wide range of different antigens shown to bind a single antibody is unprecedented. Third, they demonstrate the operation of conformational diversity in the immune system in which, although sequence diversity is limited, unlimited functional diversity is required.

**Conformational diversity and protein evolution**

In the 1930s, Landsteiner and Pauling [44,45] proposed that proteins (antibodies in this case) can exist as an ensemble of isomers with different structures but with similar free energy. They realized that if each isomer was capable of binding to a different ligand, then functional diversity could go far beyond sequence diversity (Box 2). This idea, although considered outlandish for many decades, now proves to be remarkably prescient of the ‘new view’ of proteins. It also has intriguing implications with regard to protein evolution in general.

The immune response is a microcosm of protein evolution. An initial selection from a completely random (naive) repertoire of germline antibodies of restricted diversity (10^6–10^9), followed by iterative rounds of mutation and selection (affinity maturation), lead to the evolution of highly specific and avid antibodies against almost any antigen presented to the immune system. Like any other evolutionary process, the immune response is totally reliant on the initial existence of at least one antibody in the germline repertoire that recognizes the antigen. Thus, the immune system is an excellent example of unlimited functional diversity evolving from limited sequence diversity (Box 2).

The limitation of sequence diversity is a fundamental issue in protein evolution [29]. The overall number of
Box 2. The Landsteiner–Pauling hypothesis

How does a limited repertoire of antibodies bind and thereby protect against an almost infinite diversity of invading antigena? The physiological homogeneity of serum immunoglobulins suggested that they have an identical or very similar sequence of amino acids. At the same time this was discovered, it became apparent that the immune system was capable of generating specific antibodies against almost any physiological or synthetic antigen. Karl Landsteiner (Fig. 1a) first suggested that this might be accomplished through ‘different ways of folding the same polypeptide chain’ [44]. Expanding on Landsteiner’s idea, Linus Pauling (Fig. 1b) proposed that proteins exist in an ensemble of conformations out of which functional ones are selected. Pauling supposed that parts of the immunoglobulin chains are highly flexible and ‘as a result of their amino-acid composition and order, having accessible a very great many configurations with nearly the same stability’ [45]. Put in Landsteiner’s elegant words: ‘one could surmise that changes of the amino acids make-up, in conjunction with different folding, would afford the widest scope for variation’ [44]. With the establishment of the clonal-selection theory it was realized that the combinatorial arrangement of different antibody gene segments generates a vastly diverse repertoire of antibodies from a small number of genes. But the primary germline immune response is still limited by the number of circulating B-cells, which can be as few as 10^9. How does a limited repertoire of sequences cover such a vast area of antigen space?

In 1994, the idea of conformational diversity was revived by Foote and Milstein [46], who demonstrated that pre-existing isomers are readily observed in antibodies. Later work supported the proposal that germline antibodies complex antigen through one of many pre-existing isomers [47], and that during affinity maturation, mutations stabilizing the binding isomer are selected [48]. However, a direct demonstration that a single antibody can use different pre-existing isomers to bind different antigens has only recently been provided [16] (Fig. 2).

permutations for a 100-amino-acid protein is \( \approx 20^{100} \) (or \( \approx 10^{300} \)), whereas the total number of different genes in the biosphere is \( \approx 100 \) orders of magnitude smaller (\( \approx 10^{13} \)) [30]. Therefore, the evolutionary process samples an impossibly small fraction of sequence space but can somehow achieve great, perhaps unrestricted, functional diversity. Even if we assume that the diverse array of today’s proteins has evolved from a handful of primordial proteins, it still remains to be explained how these primordial proteins evolved in the first place. Moreover, although gene duplication explains how existing genes are freed to evolve new functions, it does not explain how these new functions are acquired. Can mutation and drift explain their emergence? Can they account for the evolution of new proteins in nature on a decade timescale (for examples of recently evolved proteins see [22,31,32])? Afterall, Darwinian evolution relies on the evolving gene to confer a selective advantage from the first stage of its development. Therefore, here exists a ‘catch’: a new function can evolve only if it is already present to some extent, otherwise the organism would not survive and the evolutionary process cannot begin. Thus, it seems an attractive proposition that nature evolves new functions by recruiting existing promiscuous activities and gradually improving them. That promiscuity plays a role in protein evolution is not a new idea. Jensen [33] suggested that, under changing circumstances, promiscuous activity in an existing protein (or substrate ambiguity as he called it) might endow the organism a selective advantage and thereby enable its survival and further evolution. Gene duplication and mutation could then provide the increased genetic diversity to drive the evolution of the diverging new protein [21,33].

To establish a role for promiscuity in protein evolution it needs to be shown that promiscuous activities are common in proteins and that their magnitude can confer a selective advantage. Although several promiscuous proteins have been reported [21,22], these data are largely sporadic and accidental in origin. Moreover, promiscuity appears to be at odds with our view of the precise and specific nature of protein action – how can proteins be highly specific and proficient, and at the same time promiscuous? The precise positioning of active-site residues is thought to be the prime contributor to enzymatic catalysis. It is true, of course, that promiscuous activities can be explained by shared active-site chemistry, or by some structural or chemical resemblance between the ‘natural’ substrate (for which the protein has evolved) and the promiscuous protein [21,23] (Fig. 1). However, there are proteins with promiscuous activities that appear to be completely unrelated to the original activity. How can, for example, a single antibody bind to a series of unrelated aromatic ligands and to a protein antigen (Fig. 2)? MOONLIGHTING proteins comprise another striking example in which two completely different functions are conferred by one protein [22,34].

The ‘new view’ of proteins – whereby one sequence adopts multiple structures – allows functional and structural diversities to be interlinked to enable proteins to rapidly evolve new functions and structures. In many respects, conformational diversity and functional promiscuity can be considered to be traits of the ability of a protein to evolve [35]. When combined with the classical mechanisms of gene duplication mutation and selection, conformational diversity provides a powerful mechanism to facilitate the evolution of new functions (Box 3). Interestingly, simulations of RNA evolution also indicate that, although structural plasticity is costly (the more conformations a sequence assumes, the less time it spends in any one of them), reduction of plasticity leads to genetic canalization – namely to a dramatic decrease in variability and evolvability, and a complete halt of the
Box 3. Enzyme evolution mediated by conformational diversity and functional promiscuity: a proposed model

The proposed model suggests that conformational diversity and functional promiscuity are evolvability traits that enable existing enzymes to rapidly evolve new activities (Fig. I). The predominant conformation of an existing enzyme catalyses the conversion of a native substrate. An alternative conformation, that is scarcely populated, has the potential to bind and promiscuously catalyse another substrate. Initially, this secondary activity provides only a limited fitness advantage because binding of the primary substrate will sequester most of the protein. This secondary activity can be improved through mutation, yet only to a limited extent, as such mutations might also decrease availability and activity for the primary substrate. However, following a gene duplication event, one gene copy of the enzyme is free to evolve without compromising the original activity. Mutations in the duplicated gene could improve catalytic efficiency towards the new substrate by optimizing active site chemistry and also by stabilizing the promiscuous conformation. Following iterative rounds of mutation and selection, it is highly likely that the new enzyme will have completely lost the original activity and conformation. In fact, mutation and selection may lead to the new enzyme acquiring new conformations and consequently new promiscuous activities. These in turn could serve as the starting point for the evolution of yet more new enzymes.

![Fig. I. Proposed model of enzyme evolution mediated by conformational diversity and functional promiscuity.](http://tibs.trends.com)

Fig. I. Proposed model of enzyme evolution mediated by conformational diversity and functional promiscuity. (a) The enzyme is in equilibrium between different conformations. The native substrate (yellow) selects the dominant conformer (dark blue) and, thus, enzyme activity confers selective advantage. (b) An alternative conformation potentiates the binding of a second substrate (pink). The secondary activity confers a limited selective advantage under changing environmental conditions. (c) Gene duplication enables one copy to evolve improved activity with the promiscuous substrate while the original gene maintains its original function.
well-defined folds. Second, the activity of the protein could be improved directly by mutations at the active site itself. Theoretical support for this route comes from simulations of the evolutionary process that start with a fraction of random-sequence polypeptides and demonstrate that fold and function can co-evolve [38].

Concluding remarks
The ‘new view’ of proteins has prompted the revision of many facets of protein science. Here, we have outlined the intriguing implications that this ‘new view’ might have for protein evolution. The hypotheses described are supported by many properties of today’s proteins, including the recent demonstration of a linkage between conformational diversity and multi-specificity in antibodies [16] (Fig. 2). Moreover, although present-day enzymes do not necessarily retain the activities of their evolutionary precursors, it appears that enzymes that retain both the original and a newly evolved activity can be readily generated in the test tube [40,41]. It is not known, however, whether these multi-specific enzymes exhibit increased conformational plasticity. Thus, a direct proof for the role of functional diversity in protein evolution is yet to be obtained. Finally, the exploitation of promiscuous activities as starting points for the directed evolution of new proteins, although scarce at present [42], could prove a fruitful approach in the future.

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